

SMA Cafeteria Daily Lunch Specials

For the week of September 11th to September 15th Served from 11:00am – 2:00pm

Monday	Chicken Fingers with fries	\$6.00
Tuesday	Fettucine Alfredo with salad and garlic toast	\$6.00
Wednesday	Soft Tacos with fries	\$6.00
Thursday	PIZZA	\$3.00 / 1 slice, \$5.00 / 2 slices
Friday	Perogy Nachos with onions and sour cream	\$6.00

Everyday Menu

Breakfast served from 8:00am – 11:00am

Special Breakfast	\$4.50
2 eggs, ham bacon or sausage, hash browns and toast	
Omelette	\$4.50
Ham or bacon	
Add Cheese	\$4.75
Breakfast Bun	\$2.75
Egg, bacon and cheese	
Oatmeal	\$2.50
Pancakes	\$2.50
Buy Two	\$5.00
Toast and Jam	\$1.50
Bagel and Cream Cheese	\$2.50
Homemade Hash Browns	\$2.50
Cinnamon Bun	\$2.50
Yogurt	\$1.25
Fruit Cups	\$2.50
Homemade Pastries	\$1.25

The following will be made with healthy and fresh ingredients in mind;
brownies, rice krispie squares, puffed wheat squares, muffins, banana loaf, etc.

Lunch served from 11:00am – 2:00pm

Soup	\$2.00
Daily homemade special (beef broccoli, cheese broccoli, chicken noodle, cream of cauliflower, cream of mushroom, cream of potato, lemon rice, minestrone, tomato rice, vegetable)	
Sandwiches	
Grilled cheese	\$3.00
Add Bacon	\$3.75
Tuna, egg or chicken salad	\$3.75
Greek Salad	\$4.25
Add chicken	\$6.00
Salad Greens	\$4.00
With homemade salad dressing	
Garlic Toast	\$1.00
Regular French Fries	\$2.50
Add gravy	\$3.00
Large French Fries	\$3.00
Add gravy	\$4.00