

## SMA Cafeteria Daily Lunch Specials

For the week of October 9<sup>th</sup> to October 13<sup>th</sup> Served from 11:00am – 2:00pm

<b>Monday</b>	<b>CLOSED</b>	
<b>Tuesday</b>	<b>Chicken Burger</b>	<b>\$6.00</b>
	with fries	
<b>Wednesday</b>	<b>Fettucine Alfredo</b>	<b>\$6.00</b>
	with salad and garlic toast	
<b>Thursday</b>	<b>Chicken Caesar</b>	<b>\$6.00</b>
	with garlic toast	
<b>Friday</b>	<b>Perogy Nachos</b>	<b>\$6.00</b>
	with sour cream	

## Everyday Menu

**Breakfast** served from 8:00am – 11:00am

<b>Special Breakfast</b>	<b>\$5.00</b>
2 eggs, ham bacon or sausage, hash browns and toast	
<b>Omelette</b>	<b>\$4.75</b>
Ham or bacon	
<b>Add Cheese</b>	<b>\$5.00</b>
<b>Breakfast Bun</b>	<b>\$3.00</b>
Egg, bacon and cheese	
<b>Pancakes</b>	<b>\$2.50</b>
<b>Toast and Jam</b>	<b>\$1.50</b>
<b>Bagel and Cream Cheese</b>	<b>\$2.50</b>
<b>Homemade Hash Browns</b>	<b>\$2.50</b>
<b>Cinnamon Bun</b>	<b>\$2.50</b>
<b>Yogurt</b>	<b>\$2.00</b>
<b>Fruit Cups</b>	<b>\$2.50</b>
<b>Homemade Pastries</b>	<b>\$1.50</b>

The following will be made with healthy and fresh ingredients in mind;  
brownies, rice krispie squares, puffed wheat squares, muffins, banana loaf, etc.

**Lunch** served from 11:00am – 2:00pm

<b>Soup</b>		<b>\$3.00</b>
Daily homemade special (beef broccoli, cheese broccoli, chicken noodle, cream of cauliflower, cream of mushroom, cream of potato, lemon rice, minestrone, tomato rice, vegetable)		
<b>Sandwiches</b>		
Grilled cheese	<b>\$3.00</b>	<b>Add Bacon \$4.00</b>
Tuna, egg or chicken salad		<b>\$3.75</b>
<b>Greek Salad</b>	<b>\$4.50</b>	<b>Add chicken \$6.00</b>
<b>Salad Greens</b>		<b>\$4.00</b>
With homemade salad dressing		
<b>Garlic Toast</b>		<b>\$1.00</b>
<b>Regular French Fries</b>	<b>\$3.00</b>	<b>Add gravy \$3.50</b>
<b>Large French Fries</b>	<b>\$4.00</b>	<b>Add gravy \$4.50</b>
<b>Regular Poutine</b>	<b>\$4.00</b>	
<b>Large Poutine</b>	<b>\$5.00</b>	