

SMA Cafeteria Daily Lunch Specials

For the week of November 13th to November 17th Served from 11:00am – 2:00pm

Monday	CLOSED	
Tuesday	Cheese Burger Deluxe	\$6.00
	with fries	
Wednesday	Chicken Stir Fry	\$6.00
	with rice	
Thursday	Perogies	\$6.00
	with sour cream, bacon and onions	
Friday	Penne Alfredo	\$6.00
	with salad and garlic toast	

Everyday Menu

Breakfast served from 8:00am – 11:00am

Special Breakfast	\$5.00
2 eggs, ham bacon or sausage, hash browns and toast	
Omelette	\$4.75
Ham or bacon	
Add Cheese	\$5.00
Breakfast Bun	\$3.00
Egg, bacon and cheese	
Pancakes	\$2.50
Toast and Jam	\$1.50
Bagel and Cream Cheese	\$2.50
Homemade Hash Browns	\$2.50
Cinnamon Bun	\$2.50
Yogurt	\$2.00
Fruit Cups	\$2.50
Homemade Pastries	\$1.50

The following will be made with healthy and fresh ingredients in mind;
brownies, rice krispie squares, puffed wheat squares, muffins, banana loaf, etc.

Lunch served from 11:00am – 2:00pm

Soup		\$3.00
Daily homemade special (beef broccoli, cheese broccoli, chicken noodle, cream of cauliflower, cream of mushroom, cream of potato, lemon rice, minestrone, tomato rice, vegetable)		
Sandwiches		
Grilled cheese	\$3.00	Add Bacon \$4.00
Tuna, egg or chicken salad		\$3.75
Greek Salad	\$4.50	Add chicken \$6.00
Salad Greens		\$4.00
With homemade salad dressing		
Garlic Toast		\$1.00
Regular French Fries	\$3.00	Add gravy \$3.50
Large French Fries	\$4.00	Add gravy \$4.50
Regular Poutine	\$4.00	
Large Poutine	\$5.00	