

ACADEMY

BISTRO



Breakfast

8:00 AM - 11:00 AM

BREAKFAST SANDWICH: \$5

Soft brioche bun, egg, ham and cheddar cheese.

HASHBROWN SKILLET: \$3.50

Potatoes, red peppers and onion (GF, DF)

BERRY SMOOTHIE: \$6

Mixed berries, frozen yogurt, and orange juice.

YOGURT PARFAIT: \$4

Vanilla yogurt, berry compote and almond granola. (GF)

GF - Gluten Free

DF - Dairy Free

Lunch

12:00 PM - 1:30 PM

BISTRO SANDWICH: \$6

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle.

BURRITO BOWL \$8

Add chicken for \$2

Rice, southwest salad (corn, bean and tomato), sautéed peppers, guacamole, tortilla chips, salsa & sour cream. (GF)

GRILLED CHEESE: \$5

CAESAR SALAD: \$6.50

ADD CRISPY OR GRILLED CHICKEN FOR \$3

Romaine lettuce, parmesan cheese petals, croutons and Caesar dressing.

HAND ROLL: \$4 OR 2 FOR \$7

Nori wrapped sushi rice, carrots,

cucumber, red cabbage and green onion.

Served with sriracha mayo and soya sauce. (GF, DF)

FRENCH FRIES: \$5

VEGETABLE CUP & DIP: \$4 (GF)

VEGETARIAN SPRING ROLLS: \$4

PRICES INCLUDE TAX

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

Visit academybistro.ca/order-online to order and for pick-up instructions.

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MAY LUNCH SPECIALS

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Mac & Cheese \$6	3 Shrimp Linguine \$9.50	4 Shrimp Linguine \$9.50	5 Taco Salad \$9.50	6 Taco Salad \$9.50	7
8	9 Tomato Soup & Grilled Cheese (Open at 10:30am) \$6	10 Bento Box \$9.50	11 Bento Box \$9.50	12 Chicken Fingers & Fries \$9.50	13 Chicken Fingers & Fries \$9.50	14
15	16 Mac & Cheese \$6	17 Vegetable Stir Fry \$9.50	18 Vegetable Stir Fry \$9.50	19 Poutine & Drink \$9.50	20 Poutine & Drink \$9.50	21
22	23 Cafeteria Closed	24 Perogy Meal \$9.50	25 Perogy Meal \$9.50	26 Butter Chicken \$9.50	27 Butter Chicken (Open at 10:30am) \$9.50	28
29	30 Crispy Chicken Caesar Wrap \$6	31 Pulled Pork, Potato Salad & Coleslaw \$9.50				

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