

# SMA Cafeteria Daily Lunch Specials

*For the week of November 5 to November 9*

Served from 11:00 a.m. – 1:30 p.m.

<b>Monday</b>	<b>Chicken Burger and Fries</b>	<b>\$6.00</b>
<b>Tuesday</b>	<b>Gyro and Fries</b>	<b>\$6.00</b>
<b>Wednesday</b>	<b>Fettuccine Alfredo with Salad and Garlic Toast</b>	<b>\$6.00</b>
<b>Thursday</b>	<b>Pizza</b>	<b>\$3.00/ slice or 2 for \$5.00</b>
<b>Friday</b>	<b>Perogy Nachos</b>	<b>\$6.00</b>

## Everyday Menu

**Breakfast** Served from 8:00 a.m. – 11:00 a.m.

**Special Breakfast** **\$5.00**

2 eggs, bacon, hash browns and toast

### Omelette

Bacon **\$4.47**

Add Cheese **\$5.00**

**Breakfast Bun** (Egg, bacon and cheese) **\$3.00**

**Pancakes** **\$2.50**

**Toast and Jam** **\$1.50**

**Bagel and Cream Cheese** **\$2.50**

**Homemade Hash Browns** **\$2.50**

**Cinnamon Bun** **\$2.50**

**Yogurt** **\$2.00**

**Fruit Cups** **\$2.50**

**Homemade Pastries** **\$1.50**

The following will be made with healthy and fresh ingredients in mind;  
brownies, rice krispie squares, puffed wheat squares, muffins, banana loaf, etc.

**Lunch** served from 11:00 a.m. – 2:00 p.m.

**Soup** \$3.00

Daily homemade special (beef broccoli, cheese broccoli, chicken noodle, cream of cauliflower, cream of mushroom, cream of potato, lemon rice, minestrone, tomato rice, vegetable)

### Sandwiches

Grilled cheese **\$3.00**      **Add Bacon** **\$4.00**

Tuna, egg or chicken salad **\$3.75**

**Greek Salad** **\$4.50**      **Add chicken** **\$6.00**

**Salad Greens** **\$4.00**      **Add garlic toast** **\$5.00**

**Regular French Fries** **\$3.00**      **Add gravy** **\$3.50**

**Large French Fries** **\$4.00**      **Add gravy** **\$4.50**

**Regular Poutine** **\$4.00**

**Large Poutine** **\$5.00**