

SERVICE LEARNING

2023-2024



Service Learning is an integral part of a St. Mary's Academy education. In taking part in Service Learning students actively respond to needs in the community, church or school and they reflect on the experience. Service Learning does not receive any monetary rewards or remuneration. Students are required to complete a minimum of one activity from each column between **July 1, 2023 and February 1, 2024**. Please refer back to the Torch Cast Fire Service Learning Requirements for instructions and objectives.

Service Learning Cast Fire Card by Grade

Grades 7-8 BINGO (Spark) | Grades 9-12 BINGO (Torch)

T	O	R	C	H
Contact Canadian Blood Services and donate blood.	Contact Villa Rosa volunteers@villarosa.mb.ca about putting together a Welcome Bag and delivering it. Encourage a friend or family member to make one too.	Make a monetary donation to the SMA Mission Club with money you earned. Give the donation to your Religion teacher and show how you earned the money in your digital diary.	Ask Green Team Exec members to put your name down on the compost pick-up schedule for a week.	Choose an article of clothing in your closet and trace its origin. Present your findings to your Religion class.
Check out the Joy Smith Foundation for human trafficking. Choose to donate or fundraise with one of their activities.	Contact Main Street Project and arrange a day to volunteer.	Volunteer at Siloam in the kitchen and donation sorting areas.	Make a 30-60 second video presenting effective study skills for grades 7 & 8 classes and send to Ms. Dado.	Donate or help raise funds for Water With Blessings or crochet water filter socks.
CHOICE OF SERVICE IN YOUR COMMUNITY.	MAKE A DONATION TO AN ORGANIZATION OF YOUR CHOICE.	 PARTICIPATE IN ANY AMS @ SMA.	RESEARCH A CAMPAIGN THAT IS IMPORTANT TO YOU AND PRESENT IT TO YOUR RELIGION CLASS.	CHOOSE AN ENVIRONMENTAL ISSUE OR ORGANIZATION AND ADVOCATE FOR IT BY WRITING A LETTER TO YOUR ELECTED OFFICIAL.
Check with the Spark Newspaper Club exec and ask what ideas they are working on. Offer to write and submit an article before Feb 1st.	Volunteer at Harvest Manitoba.	Contact West Broadway Youth Outreach, find out what items they need and deliver them.	Contact Ms. Martin to arrange a 5-10 minute conversation with Sr. Yvonne. Summarize what you discussed.	Donate to the Development and Peace Stand for the Land campaign.
Host/facilitate a virtual event or program at St. Amant (i.e. reading a story, mad science or hosting a craft). Contact volunteer@stamant.ca to arrange.	Write prayers for Laudato Si' Week. Submit to Mission and Charism by Jan. 31, 2023.	Spend an afternoon with the recreation team at the Convalescent Home to help facilitate programs and spend time with the residents. Contact servicelearning@smamb.ca	Write prayers for TRC week. Prayers must be submitted to servicelearning@smamb.ca by September 15, 2023.	Volunteer with an organization you have never worked with before.

Contact servicelearning@smamb.ca (Ms. Martin) for more info.

SERVICE LEARNING

2023-2024



SERVICE LEARNING FOR GRADES 9 TO 12

Grade 9 to 12 students have the option of:

1. **BINGO card:** Completing the TORCH BINGO sheet style of Service Learning. See page 2 for instructions.
2. **Single-Site Service:** Committing at least 10 hours of in-person service with people who are marginalized. The service must be directly tied to a non-profit agency or organization that provides service to a marginalized community. People who are marginalized are people who are in need and are underserved in our society. Students who choose this option are expected to be physically present to the people in need and/or the agencies working with the people in need. Examples would include: visiting and working with people in an assisted living center, serving at a soup kitchen, working with Swim Abilities or Special Olympics, volunteering at inner-city schools or drop-in centers. If a student has an alternative suggestion or service/advocacy idea, they are invited to contact Ms. Martin at servicelearning@smamb.ca to discuss their idea.

Students must present which option they choose or have chosen in October.

SERVICE LEARNING

2023-2024



T

O

R

C

H

TORCH CAST FIRE SERVICE LEARNING REQUIREMENTS

OBJECTIVE

- Complete a minimum of five service learning BINGO activities or ten hours of direct in-person service
- Take photos, gather relevant images and/or short video clips of your service activities for documentation/proof to include in your diary. To receive full points, the images must be of you completing the service. If you do not have a proper photo, have an adult email your Religion teacher to confirm you have completed the service activity. If you have chosen single-site service, complete and submit the attached Service Learning Information form.
- Compose and submit a digital diary. A digital diary is an audio-visual presentation such as a video or narrated slideshow. Acceptable file formats include: .mov, .mp4 and .ppt.

INSTRUCTIONS FOR BINGO OPTION

Step 1: Selecting your Service Activities

Choose activities from the SMA Cast Fire Card. You should choose a minimum of one activity from each column. Commit to them, then answer the following question:

1. What prompted you to choose the service activities you did from the Cast Fire Card?

Submit this reflection to your Religion teacher according to their specifications by **October 31st, 2023**.

Step 2: Reflecting on your Service

Complete the activities you have chosen. Keep track of your thoughts and emotions as you complete each activity. After completing each activity, reflect on how you felt when you were engaged in completing the service. Record answers to the following questions:

2. How did completing this service make you feel? Has your perspective about a certain issue or cause changed?
3. What knowledge or wisdom have you gained from completing this activity? Have you learned anything new?
4. How have you changed or grown personally and/or spiritually?
5. How will this experience change how you serve others in the future? Give an example.

Step 3: Creating your Digital Diary *

Compose your digital diary. Your digital diary should

- Be a minimum of three and a half minutes and a maximum of five minutes in length.
- Include your own voice responding to the questions.
- Include evidence and a brief explanation of **all five** service activities.
- Include answers to questions 2-5 for **three** of your favourite service activities.
- Include a piece of scripture or spiritual/religious teaching that connects to your **overall** experience.
- Be submitted to your teacher by **February 1, 2024** according to their specifications.

* Unless otherwise specified by your teacher.

SERVICE LEARNING

2023-2024



T

O

R

C

H

TORCH CAST FIRE SERVICE LEARNING REQUIREMENTS

INSTRUCTIONS FOR SINGLE-SITE SERVICE OPTION

Step 1: Selecting your Service Activities

Decide where you would like to complete your 10+ hours of direct, in-person service. Contact the organization to arrange a service placement. Let your religion teacher know which service option you have chosen. Reflect on and answer the following question:

1. What prompted you to choose this type of service? In what way is the community you are serving marginalized? Submit this reflection to your Religion teacher according to their specifications by **October 31st, 2023**.

Step 2: Reflecting on your Service

Complete your 10+ hours of service. Keep track of your thoughts and emotions every time you visit your service placement. After every visit, reflect on how you felt when you were engaged in completing the service. Record answers to the following questions:

2. How did completing this service make you feel? Has your perspective about a certain issue or cause changed?
3. What knowledge or wisdom have you gained from completing this service? Have you learned anything new?
4. How have you changed or grown personally and/or spiritually?
5. How will this experience change how you serve others in the future? Give an example.

Step 3: Creating your Digital Diary

Compose your digital diary. Your digital diary should

- Be a minimum of three and a half minutes and a maximum of five minutes in length.
- Include your own voice responding to the questions.
- Include evidence and a brief explanation of your service placement.
- Include answers to questions 2-5.
- Include a piece of scripture or spiritual/religious teaching that connects to your overall experience.
- Be submitted to your teacher by **February 1, 2024** according to their specifications, unless otherwise specified by your teacher.
- If a student has an alternative suggestion or service/advocacy idea, they are invited to contact Ms. Martin at servicelearning@smamb.ca to discuss their idea.