



# FLAMES CROSS COUNTRY RUNNING TEAM

## COME AND JOIN A WINNING TRADITION AT ST. MARY'S ACADEMY



### PROVINCIAL VARSITY CHAMPIONS

2000, 2004, 2006, 2011, 2016, 2017, 2018, 2019, 2021, 2022, 2023, 2025

VIRTUAL VARSITY CHAMPIONS 2020

PROVINCIAL FINALISTS 2003, 2024

3RD PLACE PROVINCIALS 2012

### PROVINCIAL JUNIOR VARSITY CHAMPIONS

2002, 2015

2ND PLACE PROVINCIALS

2001, 2003, 2013, 2014

3RD PLACE PROVINCIALS

1999, 2000, 2010

### JUNIOR HIGH PROVINCIAL CHAMPIONS

1999, 2007, 2008, 2012, 2014, 2015, 2017, 2018, 2019, 2020 Virtual Champions, 2021, 2023, 2024



STUDENTS WHO ARE INTERESTED IN JOINING CROSS COUNTRY PLEASE EMAIL  
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