

ACADEMY

BISTRO



Breakfast

8:00 AM - 11:00 AM

BREAKFAST SANDWICH: \$5.50

Soft brioche bun, egg, ham and cheddar cheese.

HASHBROWN SKILLET: \$3.50

Potatoes, red peppers and onion (GF, DF)

SMOOTHIES: \$7

Mixed berries, yogurt and orange juice. (GF)

YOGURT PARFAIT: \$5

Vanilla yogurt, berry compote and gluten free almond granola. (GF)

BAKERY ITEMS: \$1 - \$4

GF - Gluten Free

DF - Dairy Free

Lunch

12:00 PM - 1:30 PM

BISTRO SANDWICH: \$6.50

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle.
(GF - available with pre-order)

BURRITO BOWL: \$12

Add chicken for \$2
Rice, corn, bean and tomato salad, sautéed peppers and onions, guacamole, tortilla chips, salsa & sour cream. (GF)

GRILLED CHEESE: \$6

CAESAR SALAD: \$7

ADD CRISPY OR GRILLED CHICKEN FOR \$3
Romaine lettuce, parmesan cheese, croutons and caesar dressing.

HAND ROLL: \$5

Nori wrapped sushi rice, carrots, cucumber, red cabbage and green onion.
Served with sriracha mayo and soya sauce. (GF, DF)

FRENCH FRIES: \$6

VEGETABLE CUP & DIP: \$4 (GF)

VEGETARIAN SPRING ROLLS: \$5

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

www.academybistro.ca

ACADEMY

BISTRO



JUNE LUNCH SPECIALS

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academybistro

SUN

MON

TUE

WED

THU

FRI

SAT

PLEASE NOTE

June 7 to 13 - No Features & Reduced Menu

Preordering is recommended

PLEASE NOTE June 7 to 13 - No Features & Reduced Menu Preordering is recommended				1 Vegetable Stir Fry and Spring Rolls \$12.00	2 Vegetable Stir Fry and Spring Rolls \$12.00	3
4	5 Mac & Cheese \$8.00	6 Mac & Cheese \$10.50	7 No Feature	8 No Feature	9 No Feature	10
11	12 No Feature	13 No Feature	14	15	16	17
			CAFETERIA CLOSED			
18	19	20	21	22	23	24
	CAFETERIA CLOSED					
25	26	27	28	29	30	
	CAFETERIA CLOSED					