MISSION & CHARISM CORNER

Welcome to WEEK 1 of LENT! How is your Lenten journey going? Are you finding time to pray, fast (from treats, technology, TV, etc) and be charitable in more ways? Development and Peace is inviting us to join in solidarity this Lent with those who are hungry. Remembering the farmers in the Global South who are trying to get just pay for the food they grow. The focus for Development and Peace is “Sow seeds of love to give”. A symbol of solidarity will be introduced each week to help us to remember that when one is suffering or struggling, we all are. Stay tuned until next week for the first symbol! In the meantime, keep faithful to your Lenten practices - we are marked by love!

FROM THE SCHOOL

THINKFAST

Are you up for the challenge? The SMA Development and Peace team would like to invite Grade 7, 8 and 9 students to join us in fasting for 25 hours in support of those suffering from the effects of the fires in the Global South. The THINKFast will take place at SMA from March 13-14. Students will begin fasting at 7:30 am on Friday, and will be let out of class at 2:30 to begin the activities. There will be activities and opportunities for reflection in the evening, followed by a sleepover in the multi-purpose room. We will break our fast on Saturday morning with a pancake breakfast, and students can be picked up at 10:00 am on Saturday. Minimum $20 donation to participate, with 100% of the proceeds going to Development and Peace. Visit the campus ministry office or email Ms. Martin at tmartin@smamb.ca for more information.

BUS RIOT

Our HS hockey team is in the league finals against Vincent Massey, your athletic council has organized a bus riot with pizza & pop included. The bus will be leaving SMA at 4:30pm to head to the MTS Iceplex and returning to SMA around 7pm on Wednesday, March 18th. The riot is 6$ per student, please bring your money to Ms. McGlenen to sign up for a spot. Face painting & jersey will be available to all who attend.

JESE

Please check your emails throughout the week for more information.

CAMPUS MINISTRY

Campus Ministry Breakfast Club: Food, Faith, Friends and Fun! Join us for CM Breakfast Club on Friday, March 6 at 7:50 am in the Old Aud. Please remember to bring a snack to share.

Marked by Love simple ways through week one of Lent: Fasting, Prayer and Almsgiving. Consider the ways food is wasted or consumed carelessly.
This week, make an effort to eat only until you feel satisfied rather than full.
Go through your school or parish bulletin and look for opportunities to pray and with your community.
Mark your calendar in order to plan on attending one or more of these over the next few weeks.
Give up something you usually buy for yourself, such as a cup of coffee or a snack from the vending machines. Double the amount you would have spent and give it to Mission or Development and Peace in the Solidarity Jars.

**STUDENT WIFI CHANGES**

Please access your school email for a message containing a new passphrase for the WiFi connections.

**SMA STUDENT WELLNESS ROOM - Coming soon!**

After consultation, and many sub-committee meetings, we are happy to announce that the SMA STUDENT WELLNESS ROOM will be opening this spring. In support of the Student Wellness Room opening, we have received 16 complimentary tickets for a Bell MTS suite for the Moose game on Thursday March 26 at 7:00 pm against the Texas Stars. Please visit the Wellness Room table between March 2 - 6, at lunch outside the cafeteria to fill in your "ballot" for a chance to win a ticket to the event.

**HUMAN RIGHTS DINNER**

A dinner will be hosted on March 17 by the Human Rights Team to raise money to sponsor the education of girls in Kenya. The theme of the dinner is “an Evening of Social Justice: The Children of Today for the Future of Tomorrow”. There will be a panel interview that will focus on people that specialize on various human rights areas. Keep your eye out for ticket sales coming soon!

SMA’s Human Rights Team is offering the opportunity to senior high (grades 9-12) art students to submit a piece of art for HRT’s annual dinner on March 17, 2020. The students can use any medium (acrylic, water colour, pottery, etc.) to create a piece around the topic of human rights. Art will be accepted until February 28, 2020. 20% of the commission made on the art piece will be given to the artists and the rest will be donated to sending girls to school in Kenya.

**CON FUOCO NEWS**

String Ensemble March Meetings: March 5, 12, 26
Woodwinds March Meetings: March 3, 10, 18, 24

**DO YOU DRUM? DO YOU KNOW A DRUMMER?**

Con Fuoco choir is still looking for a drummer!! If you are interested, please contact Ms Geras through the Con Fuoco Yammer group or by email at ageras@smamb.ca
Microsoft Canada DIGIGIRLZ DAY.

Are you interested in Science, Technology, Engineering, and Math (STEM) This is an exciting opportunity for high school girls ages 13 - 16 to learn about careers in technology, talk with Microsoft employees about their life experiences and enjoy hands-on computer and technology workshops. If you are interested in attending this upcoming event in April, please see Mrs. Swayzie to sign up. Further details will be provided to those interested.

STUDY HALL OFFERED

Study hall available every day from 3:30 - 4:30 in the library.

UNIVERSITY GUIDANCE

Grades 10-12 Wednesday, March 4th, 12:40 - 1:30 in Alumnae Hall Interprofessional UofM Student Panel Students from the Faculty of Science, Medicine, Nursing, Ph.D. programs, Pharmacy and Physician Assistants are coming to SMA to speak to you and answer your questions. The panellists have gone through the admission requirements to get into their respective programs and are eager to pass on their experience to the next generation.

All post-secondary events & info can be found @ https://lfennell2.wixsite.com/mysite

FROM THE WORLD OF SPORTS

GOLF

There is a golf clinic in the gym every Tuesday from 1:00 to 1:30. All you need are comfortable shoes (gym shoes preferred). If you cannot make it please talk to Mr. Villa, and if you miss a Tuesday not a big deal. This is highly recommended for anyone who wants to play in the spring golf league and spring tournaments.

SERVICE LEARNING OPPORTUNITIES

MANITOBA SPECIAL OLYMPICS

We need your help to shape our athletes’ experiences! We have events and competitions coming up that need volunteers like YOU. From timing races to selling raffle tickets to cheering on our athletes, there is something for everyone, so say YES to the opportunity to make a difference! Volunteers needed on MARCH 21 - BASKETBALL Tournament - 6 more volunteers needed MARCH 22- RUN- a-thon -4 volunteers needed APRIL 25 – SWIMMING Meet - 30 volunteers needed MAY 16 – RHYTHMIC GYMNASTICS -10 volunteers needed Please contact Lesley Camaso-Catalan, Manager, Program Services at lcamaso@specialolympics.mb.ca or 204-925-5625

AUTISM LEARNING CENTER

The Autism Learning Centre is looking for volunteers to help with their upcoming Spring Break Camps for Children 5 - 12 years old. March 30 – April 3, 2020 from 9:00 - 4:00 p.m. Volunteers
will be helping/assisting the instructors and other duties will follow. Please contact Trina Oliver at the Autism Learning Centre Telephone: (204) 226-7247 or email: trina@autismlearningcentre.ca
Fun indoor and outdoor activities will make for an awesome week. Volunteers can sign up for full days or half days depending on what spots are available.